

LifeWave® Patch Overview by David Schmidt

Source: <https://startx39now.com/patches-deep-dive/>

Joseph's Notes

X39®

- Elevates the GHK copper tripeptide
- Can reset about 1/3 of the genome to a younger, healthier state
- Improves sleep quality
- Improves recovery after exercise
- David definitely recommends this

X49®

- Activates stem cells, but more laser focused than X39
- Elevates AHK copper tri-peptide
- Increases muscle and reduces body fat
- Improves overall cognition of the brain

Energy Enhancer®

- The very first patch developed
- Designed to elevate fat burning
- Anti-aging product

Carnosine®

- Dipeptide (2 amino acids)
- Anti-oxidant
- Principally found in the heart, brain, and the muscle tissue
- There are some extraordinary benefits of using this product
- Mice lived 30-40% longer when on a diet high in carnosine and they stayed young their entire life
- Improves athletic performance
- Improves brain (cognitive) function for people over 60 within 30 days

Glutathione®

- The body's master anti-oxidant found everywhere in the body
- Detoxification in the liver is related to glutathione levels

Aculyte®

- Designed for horses to provide pain relief

Aeon®

- One of David's favorite patches
- Began developing in 2009
- **Broad spectrum anti-inflammatory** (reduces pain from inflammation)
- Activates the primitive immune system
- Principally designed for stress reduction, **balancing the parasympathetic and sympathetic nervous systems**

IceWave®

- Primary pain relief product
- Have more than 12 clinical studies on just IceWave®
- Often see 50-100% pain relief within 2-3 minutes
- It's a 2-patch system (with brown patch placed over area that is most painful)
- Similar to Energy Enhancer but optimized for pain relief

Silent Nights®

- Elevates melatonin
- Improves the quality of sleep and length of sleep
- Can increase the length of sleep by 60% using this patch

SP6®

- For appetite control, not weight loss
- Used in conjunction with an overall weight loss program
- Designed to balance blood sugar and get cravings under control

Alavida®

- Anti-aging product
- Elevates a peptide in the pineal gland
- Significantly reduces oxidative stress
- Helps get rid of lines and wrinkles

Nirvana®

- Designed to support and reduce stress and anxiety within 3 weeks
- Elevates beta endorphins
- Increases collagen production

Additional info: The LifeWave® All Products Flyer

<https://startx39now.com/wp-content/uploads/2023/03/AllProducts-2023.pdf>